

**441—113.16(237) Planned activities and personal effects.**

**113.16(1) *Daily routine.*** The daily routine shall promote good health and provide an opportunity for activity suitable for the foster child with time for rest and play.

**113.16(2) *Clothing.***

- a. All children should have their own clothing.
- b. Children shall have training and help in selection and proper care of clothing.
- c. Clothing shall be suited to the existing climate and seasonal conditions.
- d. Clothing shall be becoming, of proper size, and of the character usually worn by children in the community.
- e. There shall be an adequate supply of clothing to permit laundering, cleaning and repair.
- f. There shall be adequate closet and drawer space for children to permit access to their clothing.

**113.16(3) *Educational opportunity.*** Every child shall be given the opportunity to complete high school or vocational training in accordance with the child's aptitude.

**113.16(4) *Religious training.*** Each child shall be given an opportunity for religious training. Whenever practicable, the child shall be placed with foster parents of the child's own religious faith, or in accordance with the wishes of the biological or adoptive parents. Children shall not be required to participate in religious training or observances contrary to the wishes of the biological, adoptive family, or religious beliefs of the child.

**113.16(5) *Community participation.*** Every child shall be given the opportunity to develop healthy social relationships through participation in neighborhood, school and other community and group activities. The child shall have the opportunity to invite friends to the foster home and to visit the home of friends.

**113.16(6) *Work assignments.*** Work assignments shall be in keeping with the total healthy development of the child. Exploitation of the child is prohibited. No child shall be permitted to do any hazardous tasks or to engage in any work which is in violation of the child labor laws of the state. Each child shall have the opportunity to learn to assume some responsibility for self and for household duties in accordance with the child's age, health and ability. However, assigned tasks shall not deprive the child of school, sleep, play or study periods.

This rule is intended to implement Iowa Code section 237.3.